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	MAÑANA MORNING			MEDIODÍA MIDDAY			TARDE AFTERNOON		NOCHE NIGHT
<b>FAMILY WELLNESS DAY</b> 11:00-13:00 13 €/PAX LUNES MONDAY	09:00 - Be Aloe SUN SALUTATION 	10:00 - Be Aloe 4km WALKING 	11:00 -Gym FITBALL EXERCISES 	12:15 - Pool7floor POOL BIKE 	13:00 - Be Aloe INFO SPORT 	14:00 - Gym CORE & BALANCE 	15:00 - Gym G.A.P. 	16:00-Cristalarium PILATES 	21:00 - The S Club LIVE MUSIC 
<b>MARTES</b> TUESDAY	9:00 - Be Aloe TAI CHI-CHI KUNG 	10:00 - Be Aloe STRETCH 	11:30 - Be Aloe CORE 	12:15 - Pool7floor AQUAGYM 	13:00 - Pro Shop GOLF CLINIC 15€ 	14:00 -Gym TRX 	15:00 - Gym CIRCUIT TRAINING 	16:00-Cristalarium YOGA 	21:00 - The S Club LIVE MUSIC 
<b>MIÉRCOLES</b> WEDNESDAY	9:00 - Be Aloe PILATES 	10:00 - Gym FITBALL EXERCISES 	11:30 -Be Aloe CORE 	12:15 - Pool7floor POOL BIKE 	13:00 - Be Aloe INFO SPORT 	14:00- Be Aloe AQUASTRETCH 	15:00 - Be Aloe ALOEVERA WORKSHOP 	16:00-Cristalarium MEDITACION+BALL MASSAGE 	21:00 - The S Club LIVE MUSIC 
<b>FAMILY WELLNESS DAY</b> 14:00-16:00 13 €/PAX JUEVES THURSDAY	9:00 - Be Aloe YOGA 	10:00 - Be Aloe 4KM ALOEWALKING 	11:30 -Be Aloe CORE 	12:15 - Pool7floor AQUAGYM 	13:00 - Be Aloe INFO SPORT 	14:00 - Gym ARMS EXERCISES 	15:00 - Be Aloe PILATES 	16:00-Cristalarium STRETCH 	21:00 - The S Club LIVE MUSIC 
<b>VIERNES</b> FRIDAY			11:30 - Be Aloe CELLULITE 	12:15 - Be Aloe AQUASTRETCH 	13:00 - Be Aloe INFO SPORT 	14:00 - Be Aloe ALOEVERA WORKSHOP 	15:00 - Be Aloe OXYGEN MEDITACION 	16:00 - Cristalarium YOGA 	21:00 - The S Club LIVE MUSIC 
<b>SÁBADO</b> SATURDAY	9:00 - Be Aloe SUN SALUTATION 	10:00-Be Aloe 4 KM WALKING 	11:15 -Be Aloe G.A.P. 	12:00 - Be Aloe AQUASTRETCH 	13:00 - Be Aloe INFO SPORT 	14:00 - Be Aloe CIRCUIT TRAINING 	15:00 - Gym ARMS EXERCISES 	16:00 - Cristalarium STRETCH 	21:00 - The S Club LIVE MUSIC 
<b>DOMINGO</b> SUNDAY	<b>GOLF LESSONS</b> Proshop: 60€ 1 pax/ 80€ 2pax 		<b>KAYAK</b> From 50€ 	<b>DOLPHIN</b> From 35€ 	<b>HIKING</b> From 55€ 	<b>WINDSURF</b> From 55€ 	<b>DIVING</b> From 55€ 		21:00 - The S Club LIVE MUSIC 

•El Hotel no se hace responsable de cualquier daño derivado de la práctica de estas actividades. Es responsabilidad del cliente y no se recomienda realizarlas en caso de no estar preparado físicamente o tener una alguna dolencia.  
*The Hotel doesn't take any responsibilities of any damage part of the activities. The client is responsible and we don't recomend be part of the activities if you are not fisic healthy or have any healthy concerns.*  
**GOLF LESSONS EVERY DAY FROM 9 TO 17 60€/1 PAX 80€/2 PAX BOOKING: PROSHOP**