

Activity calendar 27-2 Junio/June

	MAÑANA MORNING			MEDIODÍA MIDDAY			TARDE AFTERNOON		NOCHE NIGHT	
 11:00-13:00 13 €/PAX LUNES MONDAY	09:00 -Spa Be Aloe PILATES 	10:00 -Spa Be Aloe CANARIAN DANCES 	11:30-Spa Be Aloe CORE 	12:15 - Pool7floor AQUAGYM 	13:00 -Spa Be Aloe INFO SPORT 	14:00-Spa Be Aloe AQUASTRETCH 	15:00 - Pool7Floor WATERPOLO 	16:00- Spa Be Aloe YOGA 		
MARTES TUESDAY	11:00 - Pro Shop GOLF CLINIC 15€ 		Main reception for more information about the external activities			KAYAK From 50€ 	DOLPHIN From35€ 	HIKING From 55€ 	WINDSURF From55€ 	
MIÉRCOLES WEDNESDAY	9:00 -Spa Be Aloe TAI CHI-CHI KUNG 	10:00 -Spa Be Aloe PILATES 	11:30 -Spa Be Aloe FÚTBOL EN FAMILIA FAMILY FOOTBALL DAY 		13:00 -Spa Be Aloe INFO SPORT 	14:00- Pool7Floor PINTA CARAS FACE PAINTING 	15:30 -Spa Be Aloe MEDITACION+BALL MASSAGE 	16:15-Pool7Floor POOL BIKE 		
 14:00-16:00 13 €/PAX JUEVES THURSDAY	9:00 - Spa Be Aloe YOGA 	10:00 -Spa Be Aloe ALOE WALKING 	11:30 - Kids Club GYMKANA 	12:15 -Spa Be Aloe AQUASTETCH 	13:00 - Spa Be Aloe INFO SPORT 	14:00 -Spa Be Aloe ALOE VERA WORKSHOP 	14:00 -Spa Be Aloe SONOTHERAPY 	16:00-Pool7Floor WATERBASKET 	21:00 - The S Club LIVE MUSIC 	
VIERNES FRIDAY	9:00 -Spa Be Aloe SUN SALUTATION 	10:00 -Spa Be Aloe CHAKRAS ALIGNMENT 	11:30 -Spa Be Aloe YOGA FOR KIDS 	12:15 - SUNSET AQUASTRETCH 	13:00 - Spa Be Aloe INFO SPORT 	14:00 -Spa Be Aloe YOA NIDRA 	15:00 - Pool7Floor WATERPOLO 	16:00 - Cristalarium YOGA 	21:00 - The S Club LIVE MUSIC 	
SÁBADO SATURDAY	9:00 -Spa Be Aloe PILATES 	10:00-Spa Be Aloe 4KM WALKING 	11:30 -Pool7Floor WATERBASKET 	12:15 -Pool7Floor AQUAGYM 	13:00 - Spa Be Aloe INFO SPORT 	14:00 -Pool7Floor PINTA CARAS FACE PAINTING 		16:00 - Spa Be Aloe CANARIAN DANCES 	21:00 - The S Club LIVE MUSIC 	
DOMINGO SUNDAY	9:00 - Spa Be Aloe YOGA 	10:00 -Spa Be Aloe AQUASTRETCH 	11:30 -Spa Be Aloe G.A.P. 	12:15 - Pool7Floor POOL BIKE 	13:00 - Spa Be Aloe INFO SPORT 	14:00 - GYM CORE & BALANCE 	15:00 - GYM FITNESS BALL EXERCISES 	16:00 - Spa Be Aloe PILATES 		



•Los niños pueden participar en todas las actividades con estrella/Children can participate in all activities with stars/Kinder können an allen Aktivitäten mit Stars teilnehmen

•El Hotel no se hace responsable de cualquier daño derivado de la práctica de estas actividades. Es responsabilidad del cliente y no se recomienda realizarlas en caso de no estar preparado físicamente o tener una alguna dolencia.
 The Hotel doesn't take any responsibilities of any damage part of the activities. The client is responsible and we don't recomend be part of the activities if you are not fisic healthy or have any healthy concerns.

GOLF LESSONS EVERY DAY FROM 9 TO 17 60€/1 PAX 80€/2 PAX BOOKING: PROSHOP