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	MAÑANA MORNING	MEDIODÍA MIDDAY		TARDE AFTERNOON				NOCHE NIGHT		
FAMILY WELLNESS DAY 11:00-13:00 13€/PAX MONDAY/LUNES	10:00-Spa Be Aloe PILATES 	11:30- Spa Be Aloe FÚTBOL EN FAMILIA FAMILY FOOTBALL DAY  ★	13:00 -Spa Be Aloe INFO SPORT 	14:00 - Gym CORE & BALANCD 	15:00 - Pool7Floor PINTA CARAS FACE PAINTING  ★	16:30-Pool7Floor AGUAGYM 	17:30- Pool7Floor WATERBASKET  ★			
MARTES TUESDAY	10:00-Spa Be Aloe PILATES 	11:00-Pro Shop GOLF CLINIC 15€ 	11:30 - 13:00 Spa Be Aloe BALONCESTO EN FAMILIA FAMILY BASKETBALL DAY  ★	14:00-Spa Be Aloe ALOE VERA WORKSHOP 	15:00 - Pool7Floor WATERPOLO  ★	16:00-Pool7 Floor POOL BIKE 	17:30- 1 Floor PING PONG  ★			
MIÉRCOLES WEDNESDAY	Main reception for more information about the external activities		WINDSURF From 55€ 	KAYAK From 50€ 	DOLPHIN From 35€ 					
FAMILY WELLNESS DAY 14:00-16:00 13€/PAX JUEVES/THURSDAY	9:00-Spa Be Aloe YOGA 	10:00-Spa Be Aloe YOGA FOR KIDS  ★	11:30-Pool7Floor WATERBASKET  ★	12:15- Spa Be Aloe AQUASTRETCH 	13:00-Spa Be Aloe ALOE VERA WORKSHOP 	14:15-Spa Be Aloe SONOTHERAPY 		21:00 - The S Club LIVE MUSIC 		
VIERNES FRIDAY		10:00-Spa Be Aloe YOGA 	11:30- GYM CELULITE 	12:15- SUNSET AQUASTRETCH 	13:00-Spa Be Aloe INFO SPORT 	14:00-Spa Be Aloe OXYGEN MEDITATION 	15:00-Gym ARMS EXERCISE 	16:00-Spa Be Aloe 4KM WALKING 	17:00- Spa Be Aloe YOGA 	21:00 - The S Club LIVE MUSIC 
SÁBADO SATURDAY	9:00-Spa Be Aloe SUN SALUTATION 	10:00-Spa Be Aloe YOGA NIDRA 	11:15-Spa Be Aloe YOGA 	12:15- Spa Be Aloe AQUASTRETCH 	13:00-Spa Be Aloe INFO SPORT 	14:00-Spa Be Aloe SONOTHERAPY 	15:00-Gym G.A.P 	16:00 -Spa Be Aloe HATHA YOGA 		21:00 - The S Club LIVE MUSIC 
DOMINGO SUNDAY	9:00-Spa Be Aloe YOGA 	10:00-Spa Be Aloe 4 KM WALKING 	11:30-Spa Be Aloe CELULITE 	12:15 - SUNSET AQUASTRETCH 	13:00-Spa Be Aloe INFO SPORT 	14:00-Spa Be Aloe ALOE VERA WORSHOP 	15:00- GYM CIRCUIT TRAINING 	16:00- Spa Be Aloe YOGA 		



Los niños pueden participar en todas las actividades con estrella/Children can participate in all activities with stars/Kinder können an allen Aktivitäten mit Stars teilnehmen

El Hotel no se hace responsable de cualquier daño derivado de la práctica de estas actividades. Es responsabilidad del cliente y no se recomienda realizarlas en caso de no estar preparado físicamente o tener una alguna dolencia.

The Hotel doesn't take any responsibilities of any damage part of the activities. The client is responsible and we don't recommend be part of the activities if you are not fisic healthy or have any healthy concerns.